

Section  
Quiz

12-2

# Biological and Social Motives

SCORE



### Matching

Match each item in Column A with the items in Column B. Write the correct letters in the blanks. (10 points each)

#### Column A

- D 1. releases insulin to convert calories to energy
- C 2. urge to belong, to give and receive love, and to acquire esteem
- E 3. biological drives that must be satisfied to maintain life
- B 4. tells you to stop eating
- A 5. makes you feel hungry

#### Column B

- A. lateral hypothalamus (LH)
- B. ventromedial hypothalamus (VMH)
- C. psychological needs
- D. pancreas
- ~~E. fundamental needs~~

### Multiple Choice

Choose the item that best completes each statement or answers each question. Write the letter of that item in the blank to the left of the sentence. (10 points each)

- B 6. According to the glucostatic theory of hunger, the \_\_\_\_\_ monitors the amount of glucose available in the blood.
  - A. pancreas
  - B. hypothalamus
  - C. pituitary gland
  - D. thyroid gland
- B 7. Psychosocial hunger factors are \_\_\_\_\_ cues that affect one's desire to eat.
  - A. biological
  - B. external
  - C. internal
  - D. none of the above
- C 8. If you are motivated because you think you can succeed and your goal is worth a lot to you, you are illustrating the \_\_\_\_\_ theory.
  - A. drive-reduction
  - B. self-actualization
  - C. expectancy-value
  - D. competency
- C 9. Fear of success is found
  - A. in women only.
  - B. in men only.
  - C. in both women and men.
  - D. in neither women nor men.
- D 10. In Abraham Maslow's hierarchy, \_\_\_\_\_ needs involve the realization of one's unique potential.
  - A. fundamental
  - B. psychological
  - C. esteem
  - D. self-actualization