

Matching

Match each item in Column A with the items in Column B. Write the correct letters in the blanks. (10 points each)

Column A

- 1. occurrence of rewards or punishments following particular behaviors
- <u>C</u> 2. interaction that occurs among the observing individual, the behavior of that individual, and the environment in which the behavior occurs
 - 3. our view of our ability to succeed
 - 4. acquiring a new behavior by watching others
 - 5. holds that the proper subject matter of psychology is objectively observable behavior

Column B

- A. observational learning
- B. contingencies of reinforcement
- C. reciprocal determinism
- **D.** behaviorism
- E. self-efficacy

Multiple Choice

Choose the item that best completes each statement or answers each question. Write the letter of that item in the blank to the left of the sentence. (10 points each)

- 6. According to Albert Bandura, people can direct their own behavior
 - A. by ignoring their self-efficacy.
 - B. by their choice of models.
 - C. by adjusting their reciprocal determination.
 - D. by choosing their contingencies of reinforcement.
- 7. B.F. Skinner's approach is popular among psychologists because it is pragmatic and
 - A. objective. C. action-oriented. **B.** subjective.
 - **D.** introspective.
- 8. According to Albert Bandura, as long as a person's _____ positive, he or she will keep trying to succeed.
 - A. outcome expectations are C. contingencies of reinforcement are
 - B. self-efficacy is **D.** observations are
- 9. Psychology theorist John Watson believed that only _____ the proper subject matter of psychology.
 - A. unconscious drives are C. observational learning is **B.** nonobservable behavior is
 - D. observable behavior is
- 10. The swimming instructor who introduces a new stroke by performing the motion while students watch is encouraging
 - A. behavior modification.
 - B. reinforcement behavior.
- C. observational learning.
- D. contingencies of reinforcement.