

Personal Development



Matchina

Match each item in Column A with the items in Column B. Write the correct letters in the blanks. (10 points each)

Column A

- E 1. adolescents who seriously consider important issues but make no commitments to them
- 2. process whereby an individual seeks to explain an unpleasant emotion or behavior in a way that will preserve self-esteem
- 3. period of inner conflict during which adolescents worry intensely about who they are
- view of human development that emphasizes interaction
- adolescents who make firm commitments on issues based on the suggestions of others

Column B

- A. identity crisis
- social learning theory
- C. rationalization
- D. identity foreclosure adolescents
- E. identity moratorium adolescents

Multiple Choice

Choose the item that best completes each statement or answers each question. Write the letter of that item in the blank to the left of the sentence, (10 points each)

- 8. During adolescence, the _____cognitive stage is typically reached.
 - A. sensorimotor

C. concrete operations

B. preoperational

- D. formal operations
- Z. If adolescents develop a "messiah complex," they think they can A. convert others to their religion.
 - C. excel in every way.
 - B. save the world from evil.
- D. none of the above.
- 8. Which of the following is NOT a problem adolescents might develop as a result of immaturity and abstract thought processes?
 - A. vulnerability

C. apparent hypocrisy

B. self-consciousness

- D. frequent arguments
- 9. The identity category in which adolescents have considered many possible identities and freely committed themselves to occupations and other important life matters is
 - A. identity moratorium.

C. identity diffusion.

B. identity foreclosure.

- D. identity achievement.
- B 10. Which of the following researchers believed that crisis is involved in adolescent identity
 - A. A.C. Peterson and James Marcia
- C. A.C. Peterson and Margaret Mead
- B. Brik Erikson and James Marcia
- D. Erik Erikson and Albert Bandura